

Our goal is to teach your **Daughter** the skills she needs to excel the *Coollest Game* on Earth. Whether they become the next *Great One* or just develop a lifelong love of the game, we will provide them with a fun, no pressure learning environment.

GIRLS Hockey Camp

Camp Time
9:00am-3:30pm

POWER SKATING

- Edge control
- Forward Stops and Starts
- Forward Stride
- Forward Crossover
- Backward Crossover
- Hockey turns
- Pivots

PUCK SKILLS

- Stickhandling
- Puck Possession
- Forward Pass
- Backward Pass
- Saucer Pass
- Wrist Shot
- Backhand Shot
- Slap Shot
- One Time Shot

Typical Day

Arrive Camp 9:00am

On Ice Power Skating 9:30am-10:30am

Sport Court Dry Land 10:45am-11:45am

Lunch 11:45am-12:15pm

Video/Game/Speaker 12:30pm-1:30pm

On Ice Puck Skills 2:00pm-2:45pm

On Ice Scrimmage 2:45-3:30pm

Pick Up 3:30pm

2009 Girls HOCKEY CAMP

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Age: _____ Jersey Size: _____

Parent's Name: _____

Please send registration and \$300.00 payment to:
Ice Line
700 Lawrence Dr
West Chester, Pa 19380

Questions?

Please Contact

Jon Bernard

Phone 610-436-9670 Ext. 130

Fax 610-436-4622

bernard@iceline.info

Ice Line Girls Hockey Camp
Offers:

2.5 Hours On Ice A Day

Experienced coaching staff

Fun, no-pressure learning environment

HOLD HARMLESS AGREEMENT
HAVING FULL KNOWLEDGE OF THE NATURE OF THIS ACTIVITY AND THE HAZARDS INVOLVED, I HEREBY CERTIFY THAT I HAVE PERSONAL MEDICAL INSURANCE COVERAGE FOR ANY "BODILY INJURY" THAT MAY OCCUR AND ASSUME FULL RESPONSIBILITY FOR ALL LOSSES AND INJURIES SUSTAINED WHILE INVOLVED IN THIS ACTIVITY AS IT RELATES TO THIS FACILITY. I ALSO HOLD HARMLESS ICE LINE, ITS INSURERS, THEIR AGENTS, AND EMPLOYEES, AND ANY OF ITS ASSOCIATES FROM ANY CLAIM RELATED THERETO.

Signature: _____ Date: _____