



YOUTH HOCKEY PROGRAMS

ICE LINE is proud to be the home rink of the Tier I Jr. Flyers and the Tier II West Chester Quakers. We also run In House leagues throughout the year.

CAMPS AND CLINICS

Varying in length and structure, our camps & clinics train players to play well and have fun. Many feature a professional coaching staff.

LEARN TO SKATE

To play hockey, figure skate, or simply just skate, you must first learn to ice skate. ICE LINE's skate programs have professional coaches that teach the basics.

PUBLIC SKATING SESSIONS

ICE LINE is open to the public everyday for public skate. From teens to families, our community takes advantage of this social and physical activity.

BIRTHDAY PARTIES

The most popular group event at ICE LINE is birthday parties. Done either through a private ice rental or package, ICE LINE can make the planning and execution a piece of cake.

**PRO SHOP
RESTAURANT
SPORTS TRAINING FACILITY
ARCADE
WiFi**

ICE LINE is committed to quality and excellence in providing a first class entertainment experience for all customers. We will provide well-organized events, on top-quality ice surfaces, in a clean facility. Employees are hard-working and honest in order to ensure outstanding customer service. ICE LINE pledges to meet or exceed each customer's expectations, regardless of their purpose in the rink.

AMERICAN DEVELOPMENT MODEL (ADM)

OVERVIEW

For starters, many athletes spend too much time traveling, competing and recovering from competition and not enough time preparing for it. Second, there is too heavy a focus on the result rather than the performance. This attitude leads to long-term failure, as coaches forgo the development of skills to focus on specific game tactics. And third, too many athletes are specializing too early on. An early focus on just one or two sports often leads to injuries, burnout and capping athletic potential.



This way of thinking has led to 60% of players dropping out before PeeWees and 20% dropping out after only one season leading to an overall decline in retention since 2000.

Coach Herb Brooks was famous for saying that, "Great moments are born from great opportunities." Well this is our opportunity. Our time to get it right.

The American Development Model is a nationwide model for successfully developing American hockey players. It is a tool that will ensure every kid will have the same chance to succeed.

By implementing ADM, associations will see an increase in player retention. Again, ADM is a set of guidelines designed specifically to help kids reach their full potential.

For more info: www.ADMKids.com



www.QuakersIceHockey.info

CROSS ICE FOR MITES



**2011 - 2012
FALL/WINTER
BOYS & GIRLS - 8 & UNDER**

ICE LINE

700 Lawrence Drive
West Chester, PA 19380

610-436-9670
Fax: 610-436-4622
www.IceLine.info

QUAKERS CROSS ICE FALL/WINTER 2011 - 2012

Student's Name:	
Age:	Birth Date:
Parent(s) Name(s):	
Address:	
City/State/Zip:	
Phone:	Jersey Size:
Email:	
MAIL PAYMENT & THIS COMPLETED FORM TO: QUAKERS TREASURER c/o Barbara Larmer 1311 Farren Lane West Chester, PA 19380	

USA HOCKEY REGISTRATION REQUIRED

(Separate fee for membership)

Age 6 and younger is free

Register Online at:

www.USAHockey.com



Hold Harmless Agreement

Having full knowledge of the nature of this activity and the hazards involved, I hereby certify that I have personal Medical Insurance coverage for any "bodily injury" that may occur and assume full responsibility for all losses and injuries sustained while involved in this activity as it relates to this facility. I also hold harmless, the Quakers Ice Hockey Club, ICE LINE, its insurers, their agents, and employees and any of its associates from any claim related thereto.

Parent/Guardian Signature: _____

Please Print Name: _____

Relation to Player: _____ Date: _____

PROGRAM DESCRIPTION

The Quakers' Cross Ice program for Mites teaches the youth player basic individual skills and team play. This program is designed to make your child's first experience an extremely positive one and promotes creativity with hockey, quick decisions, and more touches of the puck. We focus on developing the skills of each player in a non-competitive and fun atmosphere. Our main goal is to get the kids on the ice and teach them the basics.

SKATING

We will cover: edge control, ready position, forward start, forward stride, control stop (2 foot snowplow & 1 foot snowplow), backward skating, backward stop, control turn, forward crossover.

PUCK CONTROL

Lateral dribble, forward to backward dribble, and diagonal dribble, will be introduced.

PASSING AND RECEIVING

Passing covers: look, slide, and point. Receiving covers: cushion, cup control, forehand and backhand, eye contact.

18 Week Session Includes:

18 - 60 minute On Ice Sessions

Skate Rental

Jersey & Socks*

** with purchase of 10 weeks paid in full by first day*

COST: \$325 per session

Payment due with registration.

Single Lesson Drop-In: \$20

SESSION SCHEDULE

Saturdays

11:45 am - 12:45 pm

10/8, 10/15, 10/22, 10/29

11/5, 11/12, 11/19

12/3, 12/10, 12/17

1/7, 1/14, 1/21, 1/28

2/4, 2/11, 2/18, 2/25

* No Classes: 11/26, 12/24 or 12/31 *

QUESTIONS??

Please contact:

John Kurpinski

Quakers ADM Program Director

610-761-3358

or JKurpinski@comcast.net



www.QuakersIceHockey.info

REQUIRED EQUIPMENT

*Hockey Skates (rentals included in cost)

*Helmet with Full Cage (HECC approved)

*Hockey Pants

*Stick

*Hockey Gloves

*Shin Guards

*Elbow Pads