

Get Involved in
Ice Line's Other Programs

CROSS ICE

Designed for ages 4-8 this program teaches the youth player basic individual skills and team play. The main goal is to get the kids on the ice, teach them the basic skills of hockey and to have lots of fun

Classes are offered on
Saturdays from 11:45 AM - 12:45 PM

TOI CLASSES

Designed for ages 4-6, this class will teach ice skating basics for hockey, figure and recreational skating.

Classes are offered on:
Thursdays 10-11 AM and Fridays 1-2 PM.

HOCKEY SCHOOL

Skating Class

This class is offered
10:45-11:15am on Saturdays
6 week sessions includes
6 (30 Minute Lessons)

Ice Line
700 Lawrence Dr
West Chester, PA 19380



**HOCKEY
SCHOOL**

PRESENTS

ROOKIES

For Ages 4-6



Fall/Winter 2011-2012

ICE LINE
700 Lawrence Dr
West Chester, Pa 19380
Phone (610) 436-9670
Fax (610) 436-8729
www.iceline.info

Hockey School
Rookies Fall/Winter 2011-2012

Student's Name: _____

Age: _____ D.O.B: _____

Parent(s) Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Jersey Size: _____

Please Circle Day

Tuesday Wednesday

Hold Harmless Agreement

Having full knowledge of the nature of this activity and the hazards involved, I hereby certify that I have personal Medical Insurance coverage for any "bodily injury" that may occur and assume full responsibility for all losses and injuries sustained while involved in this activity as it relates to this facility. I also hold harmless ICE LINE, its insurers, their agents, and employees, and any of its associates from any claim related thereto.

Parent/Guardian Signature _____

Please Print Name _____

Relation to Player _____ Date _____

Ice Line Hockey School
Rookies

Ice Line's Hockey School will teach you the proper skills needed to play hockey. Rookies helps the tot age player to develop their skating and skills abilities. Taught by Coach Russo and Coach Dugan, the children enjoy drills and cross-ice games. Whether they become the next Great One or just develop a lifelong love of the game, we will provide them with a fun, no pressure environment.

Skating:

We will cover: edge control, ready position, forward start, forward stride, control stop (2 foot snowplow & 1 foot snowplow), backward skating, backward stop, control turn, forward crossover.

Puck Control:

Lateral dribble, forward-to-backward dribble, and diagonal dribble, will be introduced.

Passing and Receiving:

Passing covers: look, slide, and point. Receiving covers: cushion, cup, control, forehand/backhand, eye contact.

10 Week Session Includes:

- ◆ Ten 60 minute on ice sessions
- ◆ Skate rental
- ◆ Jersey (with purchase of 10 weeks paid in full by first day)

Cost

\$180 per session

Payment due with registration.

Sign up for Tuesdays & Wednesdays and get 10% off.

Single Lesson Drop In \$20

Session 1 Schedule:

Tuesdays (1-2 pm)

10/18, 10/25, 11/1, 11/8, 11/15,
11/22, 11/29, 12/6, 12/13, 12/20

Wednesdays (1-2 pm)

10/19, 10/26, 11/2, 11/9, 11/16,
11/23, 11/30, 12/7, 12/14, 12/21

Session 2 Schedule:

Tuesdays (1-2 pm)

1/17, 1/24, 1/31, 2/7, 2/14, 2/21,
2/28, 3/6, 3/13, 3/20

Wednesdays (1-2 pm)

1/18, 1/25, 2/1, 2/8, 2/15, 2/22,
2/29, 3/7, 3/14, 3/21

Required Equipment:

- *Skates (rentals included in cost)
- *Helmet
- *Stick
- *Gloves
- *Shin Guards

Questions?

Please Contact: Nick Russo
Assistant Hockey Director
Phone: 610-436-9670 x 111
russo@iceline.info

Nick is Ice Line's Assistant Hockey Director and has been a teacher, coach and athletic administrator for over twenty years. He has worked at all levels of sport from youth to professional. Nick is the Head Coach for the 2002 birth year Tier I Jr. Flyers and WC Rustin Varsity