



PHILOSOPHY. Hockey Skills Training utilizes the most advanced training philosophy to effectively communicate with each student. The hows and whys of hockey skills. We provide each student with direct and positive instruction. When the players finish our camps, they leave with the knowledge that will allow them to instruct themselves. Hockey Skills Training has developed proven methods that ensures skill development and maximized proper muscle memory.

HIGH SCHOOL CAMP VARSITY/JV.

This camp is for High School players. Improve individual skills for next season, including: skating, stickhandling, passing, shooting, puck control, offensive and defensive skills—all designed to help the High School players get to the next level. **JUNE 18-22.**



POWER SKATING I & II. This camp will focus on the application of edges, balance, and proper stride technique. We will help the players gain strength on their skates through proper form. Instructors will help players gain speed in transition and crossovers. This camp is essential for every player. **JUNE 25-29; JULY 30-AUG 3.**

ELITE AAA/AA CAMP. This camp is designed to challenge the serious players who are committed to working hard with the goal to play at a high level. We will challenge these skilled players beyond their comfort zone to better prepare them for the advanced levels of AAA and AA. **JULY 9-13.**

CHECKING, ANGLING & PUCK PROTECTION. This camp shows the player proper checking technique as well as the proper angles to take on an opponent. This camp will be great to have for the player who wants to work on improving in physical play. **JULY 16-20**

OFFENSIVE SKILLS. This camp will help forwards get a better cognitive understanding of the game through theory and practice solely focused on the specific skills necessary to put the puck in the net through a series of simulated game situations. This clinic is great for players of all ages who want to get a better understanding for the offensive part of the game. **JULY 23-27.**

DEFENSIVE SKILLS. This camp will help defensemen get a better cognitive understanding of the game through theory and practice solely focused on the specific skills necessary to stop the opponent from scoring. Great for players of all ages who want to get a better understanding of defense. **JULY 23-27.**

JUNIOR ELITE & PREP SCHOOL. Instructors will help these advanced level players learn the nuances of the game that are necessary in making the jump to the next level. Players will learn the game at a fast-paced level and think the game

steps ahead of what they are used to. Great for the serious player looking to make the jump to the next level. **AUG. 6-10.**

PRE-SEASON CONDITIONING. A camp to help "get the summer out." A great camp to help get the feeling of having skates back on while also helping to increase lung capacity and help players get their "skating legs" back. **AUG 13-17.**



ABOUT OUR STAFF

ROBERT LEWIS has been involved in hockey since he was age 8. He played Tier I youth through Junior A hockey in Michigan. He played Professional hockey for 5 years with teams in Columbus, Fresno, and Dallas. Robert has coached hockey for the past ten years at all levels including mites through Semi-Pro. He won the State Title in Texas twice and placed in the top four in the Regional Tournament in each of his two visits. This season he is the head coach of the 1994 Jr. Flyers and he is the head coach of Radnor High School Varsity. Robert has student graduates in Prep schools, Colleges and Professional Leagues. Skating & Skills Director for the Philadelphia Jr. Flyers Youth Organization.

JEFF COREY Played 4 years at the University of Vermont. Played as a Jr Flyer growing up. Jeff is currently playing for the Toronto Marlies in the AHL.



JON BERNARD Assistant Hockey Director at Ice Line. Assistant Coach Villanova University Hockey (ACHA); UMass-Boston and St. Michaels (NCAA, ECAC east). Green Mt. Glades EJHL, Instructor with the Rivers Hockey School for 5 years.



DAILY SCHEDULE:

3 HOURS ON-ICE TECHNIQUE TRAINING
2 HOURS DRYLAND TECHNIQUE REINFORCEMENT
1 HOUR VIDEO TECHNIQUE TRAINING

GROUP 1		GROUP 2	
8:00 AM	ARRIVE	8:00 AM	ARRIVE
8:15-9:45	ON ICE	8:30-9:30	DRYLAND
10:15-10:30	SNACK	9:30-9:45	SNACK
10:30-11:30	DRYLAND	10:00-11:30	ON ICE
11:30-12:30	LUNCH	11:45-12:45	LUNCH
12:45-2:15	ON ICE	12:45-1:45	DRYLAND
2:30-3:30	VIDEO	2:00-3:00	VIDEO
3:45-4:45	DRYLAND	3:15-4:45	ON ICE
5:00 PM	PICK UP	5:00 PM	PICK UP

Schedule subject to change.

DAVE DORMAN Head coach of Jr. Flyers Jr. B. Also coached the Quakers U-16 Midgets to an Atlantic District Championship in 2005. Owner/Director/Coach U.S. Hockey Enterprise Camp and Clinics. Was counselor for Robbie Glantz Power Skating and Turcotte Stickhandling. Played New England Division 1 Prep, Jr. A and College hockey.



NICK RUSSO Assistant Hockey Director Ice Line. Has been a teacher, coach and Athletic Administrator for over twenty years. Nick has worked at all levels of the sport of hockey from youth to professional.



Our lead instructor and head of our coaching staff is **ROBERT LEWIS.**

