

HOCKEY SCHOOL
ROOKIES CLASS 09-10

STUDENT'S NAME: _____

AGE: _____ BIRTHDATE: _____

PARENT(S) NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____

EMAIL: _____

JERSEY SIZE: _____

PLEASE CIRCLE DAY

TUESDAY

WEDNESDAY

PLEASE CIRCLE SESSION

1

2

HOLD HARMLESS AGREEMENT

Having full knowledge and understanding of the nature of this activity and the hazards involved, I hereby certify that I have personal Medical Insurance coverage for any "bodily injury" that may occur and assume full responsibility for all losses and injuries sustained while involved in this activity as it relates to this facility. I also hold harmless ICE LINE, its insurers, their agents, representatives, and employees and any of its associates from any claim related thereto.

Parent Signature _____

Print Name _____

Relation to Player _____ Date _____

ICE LINE HOCKEY SCHOOL
ROOKIES

Ice Line's Hockey School will teach you the proper skills needed to play hockey. Rookies helps the tot age player to develop their skating and skills abilities. Taught by Coach Russo and Coach Dugan, the children enjoy drills and cross-ice games. Whether they become the next Great One or just develop a lifelong love of the game, we will provide them with a fun, no pressure environment.

SKATING

Edge control, Ready position, Forward Start, Forward Stride, Control stop (2 foot snowplow, 1 foot snowplow), Backward skating, Backward stop, Control turn, Forward Crossover

PUCK CONTROL

Lateral dribble, Forward-to-backward dribble, Diagonal dribble

PASSING AND RECEIVING

Passing: look, slide, point, Receiving: cushion, cup, control, Forehand/Backhand, Eye Contact

10 week session includes:

- ★ Ten 60 minute on ice sessions
- ★ Skate rental
- ★ Jersey with purchase of 10 weeks

Cost:

\$180.00 per session

Payment due with registration.

Sign up for Tuesday & Wednesday and get 10% off.

Single Lesson Drop In \$20

Session Schedule:

Tuesdays

1:00-2:00 PM

Session 1:

10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1, 12/8, 12/15

Session 2:

1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/2, 3/9, 3/16

Wednesdays

1:00-2:00 PM

Session 1:

10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 11/25, 12/2, 12/9, 12/16

Session 2:

1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17

Required Equipment:

**Skates; rentals included in cost*

**Helmet*

**Stick*

**Gloves*

**Shin Guards*

Questions?

Contact Nick Russo

Assistant Hockey Director,

610-436-9670 x 111

russo@iceline.info

Head Coach, Nick Russo

Nick is Ice Line's Assistant Hockey Director and has been a teacher, coach and athletic administrator for over twenty years. He has worked at all levels of the sport from youth to professional. Nick is the Head Coach for the 2001 Tier I Jr. Flyers and WC Rustin Varsity.

Get Involved in other ICE LINE Programs

HOCKEY SCHOOL

Skating Class

This class is offered
10:45-11:15am on Saturdays
6 week sessions include
1/2 hour lessons
COST: \$100

HOCKEY SCHOOL

Stick & Puck Skills Class

This class is offered
11:15-11:45am on Saturdays
6 week sessions include 1/2 hour lessons
COST: \$100

SKATE SCHOOL GROUP LESSONS

Learn to skate for recreation or
figure skating. For ages 5-adult.
Saturdays 1-2pm
Pick up a registration at Ice Line's front office.

SKATE SCHOOL TOY CLASS

Designed for ages 4-6, this class will
teach ice skating basics for
hockey, figure and recreational skating.
Classes are offered on:
Thursdays 10-11 AM
and Fridays 1-2 PM

ICE LINE
700 Lawrence Drive
West Chester, PA 19380



HOCKEY SCHOOL

presents

ROOKIES

Ages 4-6



2009-2010 Season

ICE LINE
700 Lawrence Drive
West Chester, PA 19380
610-436-9670
Fax: 610-436-4622
www.iceline.info