

HOCKEY SCHOOL
SKATING CLASS Spring-Summer 08

STUDENTS NAME: _____

AGE: _____

PARENT(S) NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____

EMAIL: _____

PLEASE CIRCLE SESSION

5 6

PLEASE CIRCLE LEVEL

Hockey 1 Hockey 2

Hockey 3 Hockey 4

ADULT

HOLD HARMLESS AGREEMENT

HAVING FULL KNOWLEDGE AND UNDERSTANDING OF THE NATURE OF THIS ACTIVITY AND THE HAZARDS INVOLVED, I HEREBY CERTIFY THAT I HAVE PERSONAL MEDICAL INSURANCE COVERAGE FOR ANY "BODILY INJURY" THAT MAY OCCUR AND ASSUME FULL RESPONSIBILITY FOR ALL LOSSES AND INJURIES SUSTAINED WHILE INVOLVED IN THIS ACTIVITY AS IT RELATES TO THIS FACILITY. I ALSO HOLD HARMLESS ICE LINE, ITS INSURERS, THEIR AGENTS, REPRESENTATIVES, AND EMPLOYEES AND ANY OF ITS ASSOCIATES FROM ANY CLAIM RELATED THERETO.

Parent Signature _____

Print Name _____

Relation to Player _____ Date _____

ICE LINE HOCKEY SCHOOL
SKATING CLASS

Ice Line's Hockey School will teach you the proper skills needed to play hockey. Ice Skating is the foundation of any great hockey player. Skating Class will teach you to skate or help you advance your skills. Each level is designed to meet your age, ability and goals.

6 week session includes:

- ★ Six 30 minute skating lessons
- ★ Skate rental
- ★ Report card
- ★ Six FREE Stick Time Passes for practice sessions

Class Levels:

Hockey 1-sit & stand, proper stance, marching, forward glide, dip/squat, scooter push, forward swizzle, snowplow stop, backward skating

Hockey 2-backward stance, forward glides, backward hustle, backward swizzle, glide turns, moving snowplow stop, 1 foot forward

Hockey 3-forward c-turns on circle, hockey turns with speed, forward slalom, forward stop & start, backward v-stop, lateral marching crossovers

Hockey 4-forward 1 push pushes on circle, forward crossovers, backward c-cuts, backward 1 foot glides, mohawk, turns, hockey stop

Adult- This class is for all 18 and over students and teaches strides, stops, turns, crossovers and power skating.

Session Schedule:

Saturdays

10:45-11:15AM*

*Lessons start promptly.

Session 5:

5/31, 6/7, 6/14, 6/21, 6/28, 7/12

(no ice 7/5)

Session 6:

7/19, 7/26, 8/2, 8/9, 8/16, 8/23

Cost:

\$95.00 per session

Payment due with registration.

Due to limited class size there are no make up classes or pro-rate discounts.

Required Equipment:

*Skates; *rentals included in cost*

*Helmet

Recommended Equipment:

*Gloves

*Shin Guards

Questions?

Contact Courtney Bang

Customer Service Manager,

610-436-9670 x 126

cbang@iceline.info

Get Involved in our other Programs

Signed up for
Hockey School Skating Class?
Why not stay for our
Hockey School Puck and Skills Class?
Takes place on
Saturday's from 11:15-11:45 AM

HST SUMMER CAMPS

Lead by our Hockey Director, Rob Lewis, players will learn the hows and whys of hockey skills. These camps have developed proven methods that ensure skill development and maximized proper muscle memory.

**For more information
and registration form:
visit www.iceline.info**

SUMMER SLAM 3 ON 3

Ice Line's In-house summer league
Featuring divisions for both Boy's and Girl's
League Runs July-August
Visit www.iceline.info
for more information and registration forms

PRIVATE LESSONS

Take your skating to the next level. For private instruction with hockey or figure skating please contact us for our recommended coaches:
610-436-9670 office@iceline.info

ICE LINE
700 Lawrence Drive
West Chester, PA 19380



ICE LINE

HOCKEY SCHOOL

presents
SKATING CLASS
Ages 5-Adult



**Spring-Summer
2008**

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Fax: 610-436-4622
www.iceline.info