

Our goal is to teach your **Daughter** the skills she needs to excel at the *Cooldest Game on Earth*. Whether she becomes the next *Great One* or just develops a lifelong love of the game, we will provide her with a fun, no pressure learning environment.

GIRLS Hockey Camp

Dates July 26th - July 30th
2010

Camp Time
9:00am-3:30pm

POWER SKATING

- Edge control
- Forward Stops and Starts
- Forward Stride
- Forward Crossover
- Backward Crossover
- Hockey turns
- Pivots

PUCK SKILLS

- Stick Handling
- Puck Possession
- Forward Pass
- Backward Pass
- Saucer Pass
- Wrist Shot
- Backhand Shot
- Slap Shot
- One Time Shot

Typical Day

Arrive Camp 9:00am

On Ice Power Skating 9:30am-10:30am

Sport Court Dry Land 10:45am-11:45am

Lunch 11:45am-12:15pm

Video/Game/Speaker 12:30pm-1:30pm

On Ice Puck Skills 2:00pm-2:45pm

On Ice Scrimmage 2:45-3:30pm

Pick Up 3:30pm

2010 Girls

HOCKEY CAMP
\$300.00

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Age: _____ Jersey Size: _____

Parent's Name: _____

Please send registration and \$300.00 payment to:
Ice Line
700 Lawrence Dr
West Chester, Pa 19380

Questions?

Please Contact

Jon Bernard

Phone 610-436-9670 Ext. 130

Fax 610-436-4622

bernard@iceline.info

Ice Line Girls Hockey Camp

Offers:

2.5 Hours On Ice A Day

Experienced coaching staff

Fun, no-pressure learning environment

HOLD HARMLESS AGREEMENT
HAVING FULL KNOWLEDGE OF THE NATURE OF THIS ACTIVITY AND THE HAZARDS INVOLVED, I HEREBY CERTIFY THAT I HAVE PERSONAL MEDICAL INSURANCE COVERAGE FOR ANY "BODILY INJURY" THAT MAY OCCUR AND ASSUME FULL RESPONSIBILITY FOR ALL LOSSES AND INJURIES SUSTAINED WHILE INVOLVED IN THIS ACTIVITY AS IT RELATES TO THIS FACILITY. I ALSO HOLD HARMLESS ICE LINE, ITS INSURERS, THEIR AGENTS, AND EMPLOYEES, AND ANY OF ITS ASSOCIATES FROM ANY CLAIM RELATED THERETO.

Signature: _____ Date: _____

Instructors

Jon Bernard

- 2007-Present Jr Flyers Head Coach.
- Hockey Director at Ice Line.
- Head Coach West Chester Henderson High School
- Coach Villanova University Hockey.
- Played College Hockey with U-Mass-Boston and St Michaels.

Nick Russo

- 2006-Present Head Coach Jr Flyers Mites
- 2005-Present Rustin High School Head Coach
- 1998-2004 Head Coach Neumann College Men's Hockey
- Head Coach Villanova University 4/96-4/98
- Assistant Coach Villanova University 6/91-5/94
- NHL Philadelphia Flyers – Youth Programs Coordinator 1992-1998

**Ice Line
700 Lawrence Dr
West Chester, PA 19380**



2010 SUMMER GIRLS HOCKEY CAMP



**CAMP DATES
JULY 26 - July 30**

9:00am-3:30pm

**700 Lawrence Dr
West Chester, Pa 19380
Phone (610) 436-9670
Fax (610) 436-4622
www.iceline.info**