

Cross Ice 2010-2011

STUDENT'S NAME: _____

AGE: _____ BIRTHDATE: _____

PARENT(S) NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

HOME PHONE: _____

CELL PHONE _____

EMAIL: _____

JERSEY SIZE: _____

HOLD HARMLESS AGREEMENT

Having full knowledge and understanding of the nature of this activity and the hazards involved, I hereby certify that I have personal Medical Insurance coverage for any "bodily injury" that may occur and assume full responsibility for all losses and injuries sustained while involved in this activity as it relates to this facility. I also hold harmless ICE LINE, its insurers, their agents, representatives, and employees and any of its associates from any claim related thereto.

Parent Signature _____

Print Name _____

Relation to Player _____ Date _____

ICE LINE's Cross Ice Program

Ice Line's Cross Ice program for Mites teaches the youth player basic individual skills and team play.

This program is designed to make your child's first experience an extremely positive one.

This program promotes creativity, quick decisions, and more touches of the puck. We focus on developing the skills of each player in a non-competitive and fun atmosphere. Our main goal is to get the kids on the ice, teach them the basics.

SKATING

Edge control, Ready position, Forward Start, Forward Stride, Control stop (2 foot snowplow, 1 foot snowplow), Backward skating, Backward stop, Control turn, Forward Crossover

PUCK CONTROL

Lateral dribble, Forward-to-backward dribble, Diagonal dribble

PASSING AND RECEIVING

Passing: look, slide, point, Receiving: cushion, cup, control, Forehand/Backhand, Eye Contact

18 week session includes:

- ★ Eighteen 60 minute on ice sessions
- ★ Skate rental
- ★ Jersey with purchase of 18 weeks

Cost:

\$315 (Includes Jersey)
Payment due with registration.

Session Schedule:

Saturdays 11:45am-12:45pm

Session 1 Dates

October 9, 16, 23

(No Class 10/30 Halloween Weekend)

November 6, 13, 20

(No Class 11/27 Thanksgiving Weekend)

December 4, 11, 18

(No Class 12/25 Christmas or 1/1 New Years)

January 8, 15, 22, 29

February 5, 12, 19, 26

March 5

Required Equipment:

*Skates; *rentals included in cost*

*Helmet full cage (HECC Approved)

*Hockey Skates

*Hockey Pants

*Elbow Pads

*Hockey Gloves

*Shin Pads

*Stick

Questions?

Contact Nick Russo

Assistant Hockey Director,

610-436-9670 x 111

russo@iceline.info

Head Coach, Nick Russo

Nick is Ice Line's Assistant Hockey Director and has been a teacher, coach and athletic administrator for over twenty years. He has worked at all levels of the sport from youth to professional. Nick is the Head Coach for the 2002 Tier I Jr. Flyers and WC Rustin Varsity.

Get Involved in other ICE LINE Programs

HOCKEY SCHOOL

Skating Class

This class is offered
10:45-11:15am on Saturdays
6 week sessions include
1/2 hour lessons
COST: \$100

HOCKEY SCHOOL

Stick & Puck Skills Class

This class is offered
11:15-11:45am on Saturdays
6 week sessions include 1/2 hour lessons
COST: \$100

SKATE SCHOOL GROUP LESSONS

Learn to skate for recreation or
figure skating. For ages 5-adult.
Saturdays 1-2pm
Pick up a registration at Ice Line's front office.

SKATE SCHOOL TOT CLASS

Designed for ages 4-6, this class will
teach ice skating basics for
hockey, figure and recreational skating.

Classes are offered on:

Thursdays 10-11 AM
and Fridays 1-2 PM

ICE LINE
700 Lawrence Drive
West Chester, PA 19380



Cross Ice for Mites



2010-2011 Season

Boys & Girls 8 & Under

Saturdays 11:45am -12:45pm

ICE LINE

700 Lawrence Drive
West Chester, PA 19380

610-436-9670

Fax: 610-436-4622

www.iceline.info